

MAPPING YOUR PRACTICAL TRAINING

Studies in Universities of Applied Sciences

Choose those assignments that benefit you the most in finding a practical training placement.

YOUR AIMS FOR PRACTICAL TRAINING AND FUTURE CAREER

- How would you describe your ideal future working place and task?
- What kind of work tasks do you aim for in the future?
- What kind of tasks and work environment motivate you?
- What are your strengths and in what kind of tasks could you use those?



MAPPING PROFESSIONAL WORK ENVIRONMENTS AND PRACTICAL TRAINING PLACES



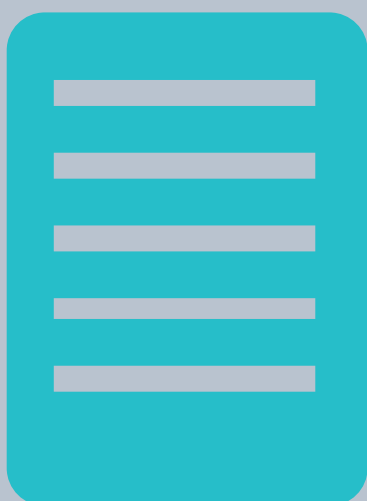
- Find an alumni or a senior student from your study field and ask them to share their experiences.
- In what kind of positions and tasks have graduates from your field been employed?

MAPPING YOUR COMPETENCES

What kind of competences have you been developing in your studies, hobbies, voluntary work or for example in student union activities?



CREATING WORK APPLICATION DOCUMENTS



- Get familiar with examples of work applications, CVs and LinkedIn-profiles.
- Update your documents and customize those for every potential practical training place.

CREATE A SCHEDULE FOR YOUR UPCOMING PRACTICAL TRAINING:

1) CREATE A PLAN 2) UPDATE WORK APPLICATION DOCUMENTS 3) APPLY FOR PLACEMENT(S) 4) PLAN A DESIRED TIMETABLE FOR PRACTICAL TRAINING.

HAVE A DISCUSSION ABOUT THE PLAN WITH YOUR TEACHER IN CHARGE.